Approved"	
	Dainis Ritums
Member of	the Board of Cycling
sports club	"RSK Tandēms"

REGULATIONS

INTERNATIONAL SPRING CYCLING RACE "DOBELES KAUSS 2024" AND FIRST STAGE OF YOUTH BALTIC CUP OF CYLING

Task and aim of competition.

- > To develop and popularize cycling in Latvia, Dobele and Baltic states;
- > To establish friendly relations with sports departments of Latvia and other Baltic countries;
- To determine the best riders in Latvia and Baltics.

The organizers.

- Latvian Cycling Federation (herein after: LCF), cycling sports club "Tandems", Town council of Dobele, District council of Dobele;
- The race taking place in accordance to the UCI (Union Cycliste Internationale) regulations;
- The race is officiated by sports club "Tandems" and LCF confirmed judges)

Place and time.

The race takes place in Apgulde, Kronauce from 13th till 14th of April, 2024.

- > Arrival day is 12th of April
- > Start of Individual time trial on 13th of April at 11.00 a.m. distance 5;10 km, Apgulde
- > Start of road race on 14th of April at 10.00 a.m. road race, 24;32;56;80 km, Kronauce (1 lap 8km)

1. Participants of the race.

Group	Birth years	Distance	Distance road
		ITT	race
Men/ women – U10	2015 2014. Allowed max. gears 6,40m	5km	-
Men/ women – U12	2013. – 2012. Allowed max. gears 6,40m	5km	-
Men/ women – U14	2011. – 2010. Allowed max. gears 6,40m	10km	32km/24km
Youth/ Youth women – U16	2009. – 2008. Allowed max. gears 7,70m	10km	56km/24km
Juniors/Junior women – U18	2007 2006.	10km	80km/56km
U23, Elite - OPEN M	2005. and older	10km	80km
EliteW ,U23W ,CFAW-	2005. and older	10km	56km
OPEN W			
Cycling for all	CFA 2005.– 1990.	10km	80km
Master	V1 1989. – 1985.	10km	80km
	V2 1984. – 1980.	10km	80km
	V3 1979. – 1975.	10km	80km
	V4 1974. – 1970.	10km	80km
	V5 1969. – 1965.	10km	80km
	V6 1964. – 1960.	10km	80km
	V7 1959. and older	10km	32km

2. PARTICIPATION FEE

Group	Participation fee
U10, U12	For free
U14, U16	15 EUR for both days or 10 EUR per one race day
U18	25 EUR for both days or 15 EUR per one race day
OPEN W, OPEN M, CFA, V1-V6	30 EUR for both days or 20 EUR per one race day
V7	For free

Registration for the road race 14.04. Participation fee 30EUR

Participation fee can be paid by bank transfer or at race centre when receiving participant race number

3. RACE PROGRAMME

Saturday, April 13th 2024

Individual time trial, start and finish in Apgulde

11:00 am: U10; M/W 5 km (Latvian cup) 11:30 am: U12; M/W 5 km (Latvian cup)

12:00 am: U14; M/W; V7

10 km (Latvian cup 2rd category)

13.00 pm: U16;U18; Elite; U23; CFA; W

10 km (Baltic, Latvian cup 2rd category)

13:45 pm: U16; U18 10 km (Baltic, Latvian cup)



15:00 pm: CFA; V 1-6; Elite; U23

Registration for the Individual time trial on the race day, 13th of April, will not be accepted The start times are subject to change depending on the amount of registered participants.

Sunday, 14th of April 2024

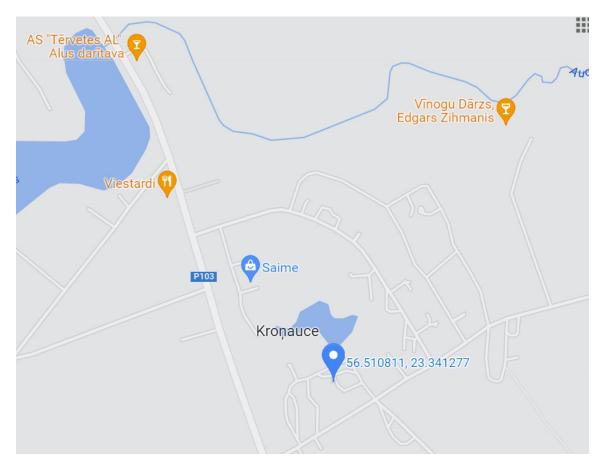
Road race with start and finish in Kronauce, besides A/S "Tērvete" administrative office.

10:00 am: U14W; U16W
24 km (Baltic, Latvian cup)
11:00 am: U14, V7
32 km (Latvian cup 3rd category)
12:00 am: U18W; ElitaW; U22W CEAW

12:00 am: U18W; EliteW; U23W,CFAW 56 km (Baltic, Latvian cup 1st category)

13:30 pm: U16 56 km (Baltic, Latvian cup)





4. RACE RESULTS.

- a. Each group is evaluated individually. The first to reach the finish line in each group or setting the fastest time in distance is declared the winner.
- b. Participant who are lapped during road race, are withdrawn from the race.

5. ACCOMODATION COSTS OF PARTICIPANTS.

a. Any acommodation costs **will not** be covered by the organisers of the competition.

6. PRIZES

a. 1st to 3rd place winners of the race in each age group are awarded with individual prizes from race sponsors.

7. REGISTRATION FOR COMPETITION

- a. It's mandatory to register before the race, which can be done through <u>bulta.lv/dobele</u>
- b. Registration for the race end on 11th of April, 23:00.

8. ADDITIONAL INFORMATION

- a. Meeting of the teams' delegation on 13th of April at 10.00 a.m. in Start center in Apgulde
- b. Meeting of the teams' delegation on 14th of April takes place 15 minutes before each group road race start.
- c. Information about race organisers:

Cycling sports club "Tandēms", e-mail - <u>ritumsdainis@inbox.lv</u> Chief organisator of the competition: Dainis Ritums, mob.phone. +37129275833, e-mail: <u>ritumsdainis@inbox.lv</u>.

Please contact Dainis Ritums, in case of additional information or any questions related to the competition based on the credent