

*Salaspils sporta nama skrējienu seriāls  
“VESELĪBAS OTRDIENA 2026”, 1. posms (26.05.)*

**REZULTĀTI PA GRUPĀM**

**Rati Bērni ratiņu grupa, apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	296	<b>Ansis Piuss</b>	<b>13</b>	5,2	<b>00:29:45</b>	5:43	<b>00:02:01</b>	00:02:28	
2	130	<b>Raiens Leimanis</b>	<b>12</b>	4,8	<b>00:28:36</b>	5:57	<b>00:02:02</b>	00:02:46	
3	244	<b>Ričards Ratmirs</b>	<b>10</b>	4	<b>00:29:09</b>	7:17	<b>00:02:21</b>	00:04:35	
4	61	<b>Odrija Kiršteina</b>	<b>9</b>	3,6	<b>00:29:34</b>	8:12	<b>00:02:29</b>	00:04:42	
5	80	<b>Ralfs Leimanis</b>	<b>8</b>	3,2	<b>00:28:17</b>	8:50	<b>00:03:01</b>	00:04:17	

**V1 Zēni 7 (2019.dz.g. un jaunāki), apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	126	<b>Rihards Dombrovskis</b>	<b>12</b>	4,8	<b>00:29:20</b>	6:06	<b>00:02:05</b>	00:02:41	
2	151	<b>Raiens Rjabinovs</b>	<b>11</b>	4,4	<b>00:28:44</b>	6:31	<b>00:02:29</b>	00:02:41	
3	246	<b>Rodrigo Duļbinskis</b>	<b>10</b>	4	<b>00:28:25</b>	7:06	<b>00:01:52</b>	00:04:30	
4	304	<b>Māris Namiņš</b>	<b>7</b>	2,8	<b>00:25:33</b>	9:07	<b>00:02:43</b>	00:05:26	
5	43	<b>Kārlis Krievāns</b>	<b>7</b>	2,8	<b>00:26:30</b>	9:27	<b>00:03:05</b>	00:04:22	
6	116	<b>Jēkabs Rimša</b>	<b>7</b>	2,8	<b>00:28:27</b>	10:09	<b>00:02:44</b>	00:06:22	
7	34	<b>Rūdolfs Liepiņš</b>	<b>6</b>	2,4	<b>00:23:39</b>	9:51	<b>00:03:16</b>	00:05:10	
8	83	<b>Jēkabs Blūms</b>	<b>6</b>	2,4	<b>00:27:17</b>	11:22	<b>00:04:08</b>	00:05:24	
9	46	<b>Reinis Sīmanis</b>	<b>6</b>	2,4	<b>00:27:39</b>	11:31	<b>00:03:15</b>	00:05:47	
10	186	<b>Kristers Štamers</b>	<b>5</b>	2	<b>00:24:30</b>	12:15	<b>00:03:21</b>	00:05:54	
11	165	<b>Rūdolfs Putniņš</b>	<b>5</b>	2	<b>00:28:10</b>	14:05	<b>00:04:39</b>	00:06:47	Putniņi
12	329	<b>Raivis Damroze</b>	<b>4</b>	1,6	<b>00:24:12</b>	15:07	<b>00:01:55</b>	00:12:37	
13	265	<b>Ernests Īle</b>	<b>4</b>	1,6	<b>00:27:42</b>	17:18	<b>00:04:39</b>	00:09:51	
14	150	<b>Kristiāns Rjabibovs</b>	<b>1</b>	0,4	<b>00:02:39</b>	6:37	<b>00:02:39</b>	00:02:39	

## **S1 Meitenes 7 (2019.dz.g. un jaunākas), apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	321	Ance Namiņa	11	4,4	00:28:16	6:25	00:02:05	00:02:55	
2	123	Marija Pizele	10	4	00:29:40	7:25	00:01:17	00:03:57	
3	261	Šarlote Pāla	10	4	00:29:44	7:26	00:02:14	00:03:20	
4	194	Maija Jasinska	6	2,4	00:26:29	11:02	00:02:35	00:06:27	
5	89	Madara Piusa	6	2,4	00:28:35	11:54	00:03:26	00:06:16	
6	170	Annija Made Ropša	6	2,4	00:28:55	12:02	00:03:29	00:07:19	
7	276	Jete Rēzija Kindzule	6	2,4	00:28:58	12:04	00:04:18	00:05:33	
8	59	Megija Kiršteina	6	2,4	00:29:35	12:19	00:04:06	00:05:39	Salaspils Alfas
9	177	Elīza Sīpola	5	2	00:24:53	12:26	00:02:45	00:11:26	
10	266	Austra Īle	5	2	00:25:26	12:43	00:04:36	00:06:20	
11	40	Karlīna Krievāne	5	2	00:26:05	13:02	00:04:08	00:06:27	
12	84	Hanna Blūma	5	2	00:27:21	13:40	00:04:37	00:06:20	
13	9	Dārta Ulme	4	1,6	00:24:12	15:07	00:04:10	00:08:10	Salaspils Alfas
14	217	Amanda Liuke	4	1,6	00:25:25	15:53	00:04:24	00:08:08	

**V2 Zēni 8-14 (2012.-2018.dz.g.), apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	302	Ralfs Kaļveršs	15	6	00:28:43	4:47	00:01:43	00:02:00	
2	156	Ričards Gribs	15	6	00:28:45	4:47	00:01:44	00:02:01	
3	242	Filips Pinta	15	6	00:29:43	4:57	00:01:57	00:02:04	Salaspils
4	122	Arturs Pizelis	15	6	00:29:46	4:57	00:01:35	00:02:16	
5	144	Regnārs Jakobsons	14	5,6	00:28:52	5:09	00:01:57	00:02:08	
6	71	Gustavs Kalve	13	5,2	00:28:54	5:33	00:01:53	00:03:03	
7	158	Haralds Kalve	13	5,2	00:29:02	5:34	00:02:04	00:02:45	
8	221	Jānis Babris	13	5,2	00:29:50	5:44	00:01:40	00:02:29	
9	317	Austris Bainors	12	4,8	00:28:49	6:00	00:02:07	00:02:33	V.Zozuļas olimpiskais klubs
10	307	Emīls Ligeris	12	4,8	00:29:32	6:09	00:01:44	00:02:56	
11	64	Ernests Ivanovs	11	4,4	00:27:57	6:21	00:02:24	00:02:51	
12	274	Klāvs Ziemelis	11	4,4	00:28:46	6:32	00:02:15	00:02:52	
13	50	Edvards Pētersons	11	4,4	00:28:49	6:32	00:02:11	00:03:09	
14	182	Viesturs Ropšs	11	4,4	00:29:02	6:35	00:02:19	00:02:53	
15	271	Ņikita Aleksejevs	11	4,4	00:29:23	6:40	00:02:12	00:03:40	Nekich
16	106	Kristaps Dumbris	11	4,4	00:29:30	6:42	00:01:51	00:03:12	
17	39	Rainers Līpenīts	11	4,4	00:29:35	6:43	00:02:21	00:02:53	
18	155	Everts Circāns	11	4,4	00:29:57	6:48	00:02:09	00:03:04	
19	212	Ainārs Krauze	11	4,4	00:29:57	6:48	00:02:09	00:03:03	
20	256	Mikhail Bisharov	11	4,4	00:29:58	6:48	00:01:56	00:04:06	Majak
21	278	Mikus Roberts Kindzuļs	10	4	00:27:25	6:51	00:02:11	00:03:31	
22	220	Kristians Liukis	10	4	00:27:41	6:55	00:02:19	00:03:30	
23	171	Patriks Daugulis	10	4	00:28:24	7:05	00:02:05	00:03:13	
24	99	Gabriels Gusts Vītoļiņš	10	4	00:28:24	7:05	00:02:05	00:03:13	
25	29	Pēteris Gailis	10	4	00:28:30	7:07	00:02:20	00:03:26	
26	249	Gustavs Gulbis	10	4	00:28:35	7:08	00:02:20	00:03:29	
27	152	Treviss Circāns	10	4	00:29:19	7:19	00:02:06	00:03:54	
28	33	Emīls Liepiņš	10	4	00:29:20	7:19	00:02:07	00:03:55	
29	309	Jēkabs Liepiņš	10	4	00:29:46	7:26	00:02:36	00:03:29	
30	21	Miķelis Zariņš	10	4	00:29:46	7:26	00:02:36	00:03:29	
31	326	Artis Damroze	9	3,6	00:28:37	7:56	00:02:19	00:04:25	
32	264	Vladislavs Bočkovs	9	3,6	00:28:47	7:59	00:02:34	00:03:55	DreamFit
33	107	Valters Dumbris	8	3,2	00:26:37	8:19	00:02:24	00:05:08	
34	277	Arvis Valters Kindzuļs	8	3,2	00:27:05	8:27	00:02:52	00:04:13	
35	315	Edvards Liepiņš	8	3,2	00:29:45	9:17	00:02:47	00:04:11	
36	173	Alekss Daugulis	7	2,8	00:24:09	8:37	00:01:41	00:06:44	
37	132	Gustavs Balodis	7	2,8	00:25:55	9:15	00:02:50	00:04:46	
38	290	Renārs Rozenšteins	7	2,8	00:27:18	9:45	00:02:45	00:05:00	
39	258	Iaroslav Kovalev	7	2,8	00:29:58	10:42	00:03:18	00:04:34	Majak
40	292	Valters Rozenšteins	6	2,4	00:25:32	10:38	00:02:58	00:05:07	
41	349	Ņikita Dinniks	6	2,4	00:25:48	10:45	00:03:09	00:05:41	
42	162	Reinis Lankovskis	5	2	00:29:57	14:58	00:03:34	00:07:35	
43	103	Hugo Vidzis	4	1,6	00:13:59	8:44	00:02:26	00:04:22	
44	160	Audris Balodis	4	1,6	00:26:56	16:49	00:03:52	00:09:48	
45	161	Pauls Kristkalns	4	1,6	00:26:56	16:49	00:03:54	00:09:52	

**S2 Meitenes 8-14 (2012.-2018.dz.g.), apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	167	Elza Pukste	16	6,4	00:29:33	4:37	00:01:34	00:02:00	
2	273	Megija Anspaka	14	5,6	00:29:11	5:12	00:01:49	00:02:12	
3	250	Enija Marta Liepiņa	12	4,8	00:28:27	5:55	00:01:56	00:02:42	
4	118	Adrija Sausiņa	12	4,8	00:28:52	6:00	00:02:00	00:02:47	Salaspils Alfas
5	313	Katrīna Siliņa	12	4,8	00:29:08	6:04	00:02:14	00:02:38	
6	262	Darina Bočkova	12	4,8	00:29:50	6:12	00:02:15	00:02:45	DreamFit
7	72	Estere Prince	11	4,4	00:28:54	6:34	00:01:48	00:04:16	
8	112	Marta Vladimirova	11	4,4	00:29:36	6:43	00:01:57	00:03:31	VingroVesels Salaspils
9	23	Līva Solomeca	11	4,4	00:29:40	6:44	00:01:54	00:03:19	
10	24	Anna Solomeca	11	4,4	00:29:40	6:44	00:01:57	00:03:31	
11	57	Katrīna Austra Stučē	11	4,4	00:29:52	6:47	00:01:33	00:04:12	
12	133	Patrīcija Balode	10	4	00:28:11	7:02	00:02:06	00:04:18	
13	237	Santa Gabrāne	10	4	00:28:18	7:04	00:02:01	00:04:13	Salaspils
14	56	Amanda Dumbre	10	4	00:28:18	7:04	00:02:03	00:04:13	
15	218	Enija Liuke	10	4	00:28:18	7:04	00:02:23	00:03:35	
16	255	Sofija Pinta	10	4	00:28:22	7:05	00:02:25	00:03:20	Salaspils
17	94	Jana Gelaha	10	4	00:29:09	7:17	00:02:31	00:03:27	
18	4	Keita Sīle-Seile	10	4	00:29:20	7:19	00:02:07	00:04:19	
19	222	Matilde Babre	9	3,6	00:27:21	7:35	00:02:43	00:03:24	
20	259	Emilija Pāla	9	3,6	00:27:28	7:37	00:02:42	00:03:59	
21	175	Odrija Jaunalksne	9	3,6	00:28:02	7:47	00:02:04	00:03:58	
22	88	Emilija Žigate	9	3,6	00:28:08	7:48	00:02:41	00:03:43	
23	208	Alise Kopilova	9	3,6	00:28:13	7:50	00:01:58	00:03:54	
24	115	Dārta Rimša	9	3,6	00:28:23	7:53	00:02:28	00:04:09	
25	300	Arina Firsova	9	3,6	00:28:47	7:59	00:02:24	00:03:59	
26	98	Katrīna Pakalne	9	3,6	00:28:57	8:02	00:02:56	00:03:28	
27	235	Marta Frilibaha	9	3,6	00:29:13	8:06	00:02:40	00:04:31	
28	62	Alise Ivanova	9	3,6	00:29:20	8:08	00:02:22	00:04:16	
29	254	Patrīcija Pinta	9	3,6	00:29:28	8:11	00:02:35	00:04:10	Salaspils
30	149	Heidija Sofija Rjabinova	9	3,6	00:29:29	8:11	00:02:36	00:04:11	
31	232	Annija Ozere	9	3,6	00:29:52	8:17	00:02:22	00:04:31	
32	102	Kalista Vidze	8	3,2	00:27:24	8:33	00:02:33	00:04:35	
33	47	Amanda Sīmane	8	3,2	00:28:12	8:48	00:02:59	00:04:19	
34	233	Annika Gūtmane	8	3,2	00:28:13	8:49	00:02:35	00:04:02	
35	125	Laura Dombrovska	8	3,2	00:28:13	8:49	00:02:35	00:04:06	
36	51	Elizabete Pētersone	8	3,2	00:29:39	9:15	00:02:49	00:05:20	
37	139	Agate Brencē	7	2,8	00:26:26	9:26	00:02:55	00:04:28	Salaspils ALFAS
38	289	Šarlote Griestiņa	7	2,8	00:27:18	9:45	00:02:45	00:04:59	
39	310	Signe Neparte	7	2,8	00:29:06	10:23	00:03:41	00:04:26	
40	12	Adriana Irneste	6	2,4	00:25:16	10:31	00:02:36	00:06:12	
41	225	Rebeka Kupča	6	2,4	00:27:36	11:30	00:03:33	00:05:30	
42	209	Marta Lubgāne	6	2,4	00:28:42	11:57	00:04:32	00:05:15	
43	343	Margarita Ananjeva	5	2	00:29:24	14:41	00:01:30	00:09:38	

### **V3 Jaunieši 15-20 (2006.-2011.dz.g.), apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	324	Artūrs Bunkovskis	18	7,2	00:28:59	4:01	00:01:32	00:01:40	
2	111	Roberts Vladimirovs	17	6,8	00:29:35	4:21	00:01:36	00:01:51	
3	181	Mārtiņš Ropšs	16	6,4	00:29:26	4:35	00:01:33	00:02:00	
4	179	Māris Jasinskis	16	6,4	00:29:45	4:38	00:01:39	00:02:08	Salaspils
5	19	Pēteris Zariņš	14	5,6	00:29:11	5:12	00:01:49	00:02:12	
6	97	Kirills Žilinskis	12	4,8	00:27:58	5:49	00:01:52	00:03:10	
7	96	Deniss Gelols	12	4,8	00:29:02	6:02	00:01:59	00:02:59	
8	247	Gustavs Matovihs	11	4,4	00:29:15	6:38	00:02:31	00:02:49	
9	195	Dāvids Gutovičs	11	4,4	00:29:16	6:39	00:02:32	00:02:48	
10	342	Arsēnijs Anaņjevs	11	4,4	00:29:56	6:48	00:02:26	00:02:56	
11	16	Matīss Vidiņš	8	3,2	00:27:48	8:41	00:02:39	00:04:05	
12	325	Dāvis Ziemeļis	7	2,8	00:28:29	10:10	00:03:15	00:04:58	
13	191	Ēriks Anspaks	6	2,4	00:28:49	12:00	00:00:58	00:09:23	Salaspils

### **S3 Jaunietes 15-20 (2006.-2011.dz.g.), apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	214	Elizabete Anspaka	15	6	00:29:48	4:58	00:01:44	00:02:14	
2	28	Anete Gaile	14	5,6	00:29:31	5:16	00:01:40	00:02:19	
3	239	Varvara Gurjeva	13	5,2	00:28:37	5:30	00:01:44	00:02:23	Salaspils
4	17	Liene Zariņa	12	4,8	00:28:53	6:01	00:02:14	00:02:38	
5	35	Diana Kramarova	12	4,8	00:29:20	6:06	00:02:11	00:02:33	Kramarovu banda
6	323	Sofija Repņikova	11	4,4	00:28:18	6:25	00:02:14	00:03:18	
7	236	Anna Kalverša	10	4	00:28:36	7:09	00:02:29	00:03:10	Salaspils
8	347	Marija Guseva	8	3,2	00:28:25	8:52	00:02:16	00:05:20	

### **V4 Vīrieši 21-30 (1996.-2005.dz.g.), apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	15	Dēvids Kristapsons	18	7,2	00:29:57	4:09	00:01:27	00:01:45	ASK PATRIA
2	136	Nikita Lazarenko	17	6,8	00:29:40	4:21	00:01:40	00:01:51	
3	303	Matīss Kaļveršs	15	6	00:28:45	4:47	00:01:44	00:02:02	
4	346	Pēteris Jaunslavietis	13	5,2	00:28:09	5:24	00:02:03	00:02:25	
5	204	Valentīns Krašņikovs	11	4,4	00:29:59	6:48	00:02:15	00:03:47	
6	228	Ernests Kupčs	6	2,4	00:28:40	11:56	00:04:40	00:05:07	Salaspils
7	60	Gatis Kiršteins	6	2,4	00:29:35	12:19	00:04:08	00:05:39	

### **S4 Sievietes 21-30 (1996.-2005.dz.g.), apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	200	Evita Ragoška	15	6	00:29:01	4:50	00:01:50	00:02:00	Salaspils
2	252	Luīze Ļaksa	15	6	00:29:47	4:57	00:01:52	00:02:02	
3	187	Jūlija Svidricka	12	4,8	00:29:37	6:10	00:02:03	00:02:50	Salaspils Alfās
4	231	Karīna Brunovska	12	4,8	00:29:39	6:10	00:02:11	00:02:36	
5	243	Anastasija Skorobogatova	11	4,4	00:29:09	6:37	00:02:12	00:03:28	
6	70	Evija Petrovskā	9	3,6	00:28:42	7:58	00:02:33	00:03:54	
7	58	Kristīne Smite	9	3,6	00:29:34	8:12	00:02:30	00:04:42	Salaspils Alfās
8	345	Katrīna Jaunslaviete	6	2,4	00:29:21	12:13	00:04:24	00:05:05	
9	5	Anastasija Maksimova	5	2	00:25:47	12:53	00:03:25	00:09:21	Salaspils Alfās

**V5 Vīrieši 31-40 (1986.-1995.dz.g.), apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	251	Anatolijs Purviņš	20	8	00:29:54	3:44	00:01:27	00:01:32	
2	253	Klāvs Jansons	16	6,4	00:28:25	4:26	00:01:42	00:01:50	
3	205	Pēteris Trokša	16	6,4	00:28:57	4:31	00:01:38	00:02:14	
4	13	Raitis Irnests	16	6,4	00:29:59	4:41	00:01:38	00:01:58	
5	288	Ģirts Griestiņš	15	6	00:28:29	4:44	00:01:49	00:01:58	Salaspils
6	87	Mārcis Žigats	15	6	00:28:41	4:46	00:01:40	00:02:05	
7	314	Aleksandrs Kurbatskis	15	6	00:28:48	4:48	00:01:46	00:02:03	
8	269	Jānis Butāns	15	6	00:29:49	4:58	00:01:36	00:02:16	
9	105	Māris Dumbris	15	6	00:29:50	4:58	00:01:40	00:02:07	
10	104	Matīss Liliēšsteins	15	6	00:29:58	4:59	00:01:48	00:02:04	KUSTĪBU SPĒKS.Novadnieki
11	327	Oskars Lankovskis	14	5,6	00:28:40	5:07	00:01:52	00:02:24	
12	91	Audris Lukaševičs	14	5,6	00:29:09	5:12	00:02:01	00:02:09	Possum Power
13	172	Otto Daugulis	14	5,6	00:29:53	5:20	00:01:56	00:02:21	
14	185	Ainārs Štamers	14	5,6	00:29:58	5:21	00:01:50	00:02:19	
15	297	Jānis Piuss	13	5,2	00:29:46	5:43	00:02:02	00:02:28	
16	52	Dmitrijs Rjabinovs	13	5,2	00:29:54	5:45	00:01:53	00:02:32	
17	238	Mariss Zigats	12	4,8	00:28:35	5:57	00:02:12	00:02:28	Salaspils
18	10	Toms Viļķins	12	4,8	00:29:59	6:14	00:02:10	00:02:40	
19	147	Sandis Rjabinovs	11	4,4	00:28:44	6:31	00:02:30	00:02:42	
20	124	Dainis Dombrovskis	11	4,4	00:29:03	6:36	00:02:05	00:03:07	
21	196	Renārs Borovskis	10	4	00:29:11	7:17	00:02:43	00:03:10	Salaspils
22	178	Ervīns Sīpols	7	2,8	00:24:54	8:53	00:02:46	00:04:57	Salaspils
23	41	Agris Krievāns	6	2,4	00:28:14	11:45	00:02:14	00:06:26	
24	267	Oskars Īle	5	2	00:25:34	12:46	00:04:30	00:06:27	
25	81	Edgars Blūms	5	2	00:27:21	13:40	00:04:30	00:06:20	

**S5 Sievietes 31-40 (1986.-1995.dz.g.), apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	234	Liene Gūtmane	15	6	00:28:28	4:44	00:01:44	00:01:57	
2	6	Evija Sudraba	14	5,6	00:28:36	5:06	00:01:55	00:02:20	Salaspils Alfas
3	180	Jurāte Babre	14	5,6	00:29:05	5:11	00:01:54	00:02:14	Salaspils
4	280	Diāna Spiridovska	14	5,6	00:29:08	5:12	00:01:55	00:02:12	Dodkepu.lv
5	117	Evita Petrova-Šaicane	14	5,6	00:29:23	5:14	00:01:59	00:02:21	
6	27	Iveta Jaunalksne	14	5,6	00:29:40	5:17	00:01:59	00:02:12	
7	197	Agnese Geka	13	5,2	00:28:26	5:28	00:01:57	00:02:14	Daugmale
8	92	Linda Stepaņuka-Lukaševiča	13	5,2	00:28:30	5:28	00:02:08	00:02:14	Possum Power
9	260	Ilze Pāla	13	5,2	00:28:51	5:32	00:02:04	00:02:20	
10	127	Dace Dombrovska	13	5,2	00:29:08	5:36	00:01:48	00:02:23	
11	248	Sintija Sinica	13	5,2	00:29:51	5:44	00:02:07	00:02:38	
12	2	Aija Ozolina	13	5,2	00:29:54	5:45	00:01:53	00:02:31	
13	86	Natālija Žigate	13	5,2	00:29:57	5:45	00:01:56	00:02:24	
14	131	Linda Leimane	12	4,8	00:28:36	5:57	00:02:03	00:02:46	
15	11	Dace Viļķina	12	4,8	00:28:51	6:00	00:02:12	00:02:29	
16	114	Līga Rimša	11	4,4	00:28:23	6:27	00:02:29	00:02:41	
17	148	Ieva Rjabinova	11	4,4	00:28:45	6:32	00:02:28	00:02:45	
18	163	Linda Lankovska	11	4,4	00:28:50	6:33	00:02:18	00:03:00	
19	174	Kristīne Daugule	11	4,4	00:29:41	6:44	00:02:24	00:02:58	
20	213	Baiba Krauze	11	4,4	00:29:58	6:48	00:01:54	00:02:56	
21	154	Oļesja Circāne	10	4	00:28:12	7:02	00:02:39	00:02:56	
22	1	Līva Kiščenko	10	4	00:28:26	7:06	00:02:38	00:03:05	
23	63	Inese Ivanova	10	4	00:29:01	7:15	00:02:38	00:03:07	
24	128	Līga Balode	10	4	00:29:49	7:27	00:02:35	00:04:19	
25	138	Līga Brence	9	3,6	00:27:56	7:45	00:02:35	00:03:25	Salaspils ALFAS
26	270	Violeta Aleksejeva	8	3,2	00:27:23	8:33	00:02:40	00:04:19	Nekich
27	294	Linda Griestiņa	8	3,2	00:27:25	8:34	00:03:12	00:03:36	Salaspils
28	245	Eva Duļbinska	8	3,2	00:28:15	8:49	00:02:22	00:04:31	Salaspils
29	78	Egita Leimane	8	3,2	00:28:18	8:50	00:03:00	00:04:16	
30	275	Inga Klaučāne	8	3,2	00:28:52	9:01	00:03:30	00:03:42	
31	42	Laine Čumure Krievāne	7	2,8	00:26:30	9:27	00:03:05	00:04:21	
32	226	Nikola Muntjana	7	2,8	00:27:34	9:50	00:03:07	00:04:50	
33	108	Laila Dumbre	7	2,8	00:28:12	10:04	00:03:11	00:04:38	
34	7	Arita Meģe	6	2,4	00:25:09	10:28	00:02:42	00:06:18	Salaspils Alfas
35	82	Liene Blūma	6	2,4	00:27:19	11:22	00:04:08	00:05:23	
36	45	Baiba Šimane	6	2,4	00:27:38	11:30	00:03:59	00:05:48	
37	90	Ausma Piusa	6	2,4	00:28:35	11:54	00:03:27	00:06:12	
38	216	Santa Roga-Liuke	5	2	00:17:33	8:46	00:02:38	00:04:05	
39	268	Madara Īle	4	1,6	00:27:41	17:18	00:04:39	00:09:41	

**V6 Vīrieši 41-50 (1976.-1985.dz.g.), apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	263	<b>Deniss Bočkovs</b>	<b>18</b>	7,2	<b>00:28:54</b>	4:00	<b>00:01:34</b>	00:01:38	DreamFit
2	65	<b>Sandris Ivanovs</b>	<b>18</b>	7,2	<b>00:29:38</b>	4:06	<b>00:01:30</b>	00:01:41	
3	190	<b>Juris Rozenšteins</b>	<b>17</b>	6,8	<b>00:28:33</b>	4:11	<b>00:01:35</b>	00:01:43	
4	101	<b>Kristaps Vīdzis</b>	<b>16</b>	6,4	<b>00:28:50</b>	4:30	<b>00:01:41</b>	00:01:54	
5	272	<b>Andris Vilcāns</b>	<b>16</b>	6,4	<b>00:29:03</b>	4:32	<b>00:01:37</b>	00:01:54	Vilcāni
6	44	<b>Māris Sīmanis</b>	<b>16</b>	6,4	<b>00:29:06</b>	4:32	<b>00:01:39</b>	00:01:53	
7	110	<b>Nikolajs Vladimirovs</b>	<b>16</b>	6,4	<b>00:29:27</b>	4:36	<b>00:01:41</b>	00:01:58	VingroVesels Salaspils
8	73	<b>Gints Princis</b>	<b>16</b>	6,4	<b>00:29:35</b>	4:37	<b>00:01:41</b>	00:01:56	
9	230	<b>Mārtiņš Pēdājs</b>	<b>16</b>	6,4	<b>00:29:40</b>	4:38	<b>00:01:36</b>	00:01:56	
10	203	<b>Vitālijs Hramčenko</b>	<b>15</b>	6	<b>00:28:24</b>	4:44	<b>00:01:50</b>	00:01:59	
11	206	<b>Toms Ķikusts</b>	<b>15</b>	6	<b>00:28:47</b>	4:47	<b>00:01:46</b>	00:02:03	Salaspils
12	188	<b>Kaspars Zvaigzne</b>	<b>15</b>	6	<b>00:29:07</b>	4:51	<b>00:01:51</b>	00:02:02	
13	316	<b>Andris Losāns</b>	<b>15</b>	6	<b>00:29:16</b>	4:52	<b>00:01:50</b>	00:02:01	
14	298	<b>Aleksandrs Firsovs</b>	<b>14</b>	5,6	<b>00:28:31</b>	5:05	<b>00:01:47</b>	00:02:14	
15	146	<b>Mārcis Jakobsons</b>	<b>14</b>	5,6	<b>00:28:52</b>	5:09	<b>00:01:57</b>	00:02:08	
16	291	<b>Ernests Gabrāns</b>	<b>14</b>	5,6	<b>00:29:37</b>	5:17	<b>00:02:03</b>	00:02:12	Salaspils
17	306	<b>Edgars Ligeris</b>	<b>13</b>	5,2	<b>00:28:58</b>	5:34	<b>00:02:06</b>	00:02:27	
18	198	<b>Kaspars Blažēvics</b>	<b>13</b>	5,2	<b>00:29:06</b>	5:35	<b>00:02:06</b>	00:02:26	Salaspils
19	308	<b>Artūrs Vīksne</b>	<b>13</b>	5,2	<b>00:29:21</b>	5:38	<b>00:02:07</b>	00:02:20	
20	79	<b>Ģirts Leimanis</b>	<b>12</b>	4,8	<b>00:28:43</b>	5:58	<b>00:02:01</b>	00:02:34	
21	25	<b>Kārlis Solomecs</b>	<b>12</b>	4,8	<b>00:28:54</b>	6:01	<b>00:01:52</b>	00:02:38	
22	153	<b>Mārtiņš Circāns</b>	<b>12</b>	4,8	<b>00:28:56</b>	6:01	<b>00:02:13</b>	00:02:41	
23	37	<b>Roberts Kramarovs</b>	<b>12</b>	4,8	<b>00:29:06</b>	6:03	<b>00:01:58</b>	00:02:32	Kramarovu banda
24	341	<b>Deniss Anaņjevs</b>	<b>12</b>	4,8	<b>00:29:15</b>	6:05	<b>00:02:10</b>	00:02:41	
25	48	<b>Gints Pētersons</b>	<b>12</b>	4,8	<b>00:29:40</b>	6:10	<b>00:02:13</b>	00:02:36	
26	295	<b>Vaidms Bradučovs</b>	<b>11</b>	4,4	<b>00:28:49</b>	6:32	<b>00:02:10</b>	00:06:10	
27	20	<b>Artūrs Zariņš</b>	<b>11</b>	4,4	<b>00:28:54</b>	6:34	<b>00:02:30</b>	00:02:43	
28	121	<b>Imants Pizelis</b>	<b>11</b>	4,4	<b>00:29:42</b>	6:45	<b>00:02:31</b>	00:03:00	
29	32	<b>Armands Liepiņš</b>	<b>10</b>	4	<b>00:28:59</b>	7:14	<b>00:02:16</b>	00:05:06	
30	176	<b>Rolands Jaunalksnis</b>	<b>9</b>	3,6	<b>00:28:03</b>	7:47	<b>00:02:04</b>	00:03:56	Salaspils
31	69	<b>Henrihs Petrovskis</b>	<b>8</b>	3,2	<b>00:29:26</b>	9:11	<b>00:02:55</b>	00:08:30	
32	135	<b>Jānis Rimša</b>	<b>7</b>	2,8	<b>00:28:31</b>	10:11	<b>00:02:46</b>	00:06:24	
33	227	<b>Elvijs Kupčs</b>	<b>6</b>	2,4	<b>00:28:40</b>	11:56	<b>00:04:40</b>	00:05:08	Salaspils
34	328	<b>Māris Damroze</b>	<b>5</b>	2	<b>00:24:11</b>	12:05	<b>00:01:41</b>	00:08:00	
35	219	<b>Agnis Liukis</b>	<b>4</b>	1,6	<b>00:25:26</b>	15:53	<b>00:04:24</b>	00:08:15	

## **S6 Sievietes 41-50 (1976.-1985.dz.g.), apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	145	Laura Jakobsons	15	6	00:28:35	4:45	00:01:51	00:01:58	Body factory
2	215	Kristīne Zvaigzne	14	5,6	00:29:40	5:17	00:01:58	00:02:12	
3	74	Kristīne Dzene	14	5,6	00:29:58	5:21	00:01:58	00:02:13	
4	95	Elīna Tolokonceva	13	5,2	00:28:45	5:31	00:02:01	00:02:20	
5	192	Inese Keiša	13	5,2	00:29:22	5:38	00:02:06	00:02:18	Salaspils
6	109	Līga Vladimirova	13	5,2	00:29:42	5:42	00:02:12	00:02:25	VingroVesels Salaspils
7	49	Dace Pētersone	12	4,8	00:29:33	6:09	00:02:22	00:02:32	
8	240	Natalija Gurjeva	12	4,8	00:29:39	6:10	00:02:08	00:02:37	Salaspils
9	312	Leila Bībere	12	4,8	00:30:00	6:15	00:02:04	00:02:39	Salaspils Alfas
10	293	Baiba Līgere	11	4,4	00:29:02	6:35	00:02:30	00:02:51	Salaspils
11	38	Ilze Līpenīte	11	4,4	00:29:50	6:46	00:02:22	00:02:53	
12	14	Jūlija Lavrentika	10	4	00:27:45	6:56	00:02:32	00:03:11	
13	26	Jeļena Orlova	10	4	00:28:13	7:03	00:02:32	00:03:47	
14	53	Līga Kopštāle	10	4	00:28:53	7:13	00:02:34	00:03:11	
15	202	Svetlana Hramčenko	10	4	00:29:06	7:16	00:02:36	00:03:09	
16	93	Jekaterina Gelaha	10	4	00:29:09	7:17	00:02:30	00:03:23	
17	66	Mārīte Petrovska	10	4	00:29:26	7:21	00:02:41	00:03:05	
18	193	Inga Jasinska	10	4	00:29:34	7:23	00:02:39	00:03:45	Salaspils
19	120	Jūlija Ivanova	10	4	00:29:41	7:25	00:01:25	00:03:58	
20	113	Edīte Ogozednikova	10	4	00:29:45	7:26	00:02:23	00:04:10	
21	119	Iluta Sausiņa	9	3,6	00:27:56	7:45	00:02:36	00:03:27	Salaspils Alfas
22	207	Anete Ķikuste	9	3,6	00:28:16	7:51	00:02:14	00:03:33	
23	318	Evija Štrausa	9	3,6	00:28:47	7:59	00:02:41	00:03:26	
24	36	Oksana Kramarova	9	3,6	00:29:41	8:14	00:02:36	00:04:23	Kramarovu banda
25	18	Inga Zariņa	8	3,2	00:28:01	8:45	00:02:57	00:03:45	
26	311	Ilva Neparte	8	3,2	00:28:16	8:50	00:03:20	00:03:41	
27	169	Baiba Baumann-Ropša	8	3,2	00:28:55	9:02	00:03:32	00:03:42	
28	322	Jana Zinkeviča	8	3,2	00:29:16	9:08	00:03:26	00:04:00	
29	157	Ieva Kalve	7	2,8	00:27:41	9:53	00:03:30	00:04:26	
30	140	Žanna Prošina	7	2,8	00:28:11	10:03	00:03:11	00:05:06	
31	257	Ksenia Bisharova	7	2,8	00:29:58	10:42	00:03:18	00:04:35	Majak
32	344	Jelena Anaņjeva	6	2,4	00:27:28	11:26	00:03:23	00:05:20	
33	229	Anastasija Kupča	6	2,4	00:28:37	11:55	00:04:39	00:04:56	Salaspils
34	210	Svetlana Lubgāne	6	2,4	00:28:42	11:57	00:04:31	00:05:16	
35	279	Ieva Kļaviņa	6	2,4	00:28:58	12:04	00:04:17	00:05:33	
36	184	Inga Štamere	5	2	00:24:30	12:15	00:03:35	00:05:53	
37	164	Iluta Putniņa	5	2	00:28:11	14:05	00:04:41	00:06:43	Putniņi
38	8	Aiva Eindorfs	4	1,6	00:24:11	15:06	00:04:11	00:08:16	Salaspils Alfas
39	31	Lana Liepiņa	4	1,6	00:29:19	18:19	00:02:57	00:18:03	
40	30	Mārīte Dzelme	2	0,8	00:10:14	12:47	00:04:47	00:05:27	

## **V7 Vīrieši 51-60 (1966.-1975.dz.g.), apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	100	Uldis Siecenijs	20	8	00:29:42	3:42	00:01:24	00:01:32	
2	224	Patrick Jablanscek	17	6,8	00:29:06	4:16	00:01:37	00:01:49	Salaspils
3	54	Kalvis Malderis	15	6	00:28:41	4:46	00:01:46	00:02:06	
4	137	Ainārs Arnicāns	15	6	00:28:49	4:48	00:01:45	00:02:00	Ezīc Miglā
5	348	Gints Eglītis	14	5,6	00:29:09	5:12	00:02:02	00:02:12	
6	301	Askolds Bušmanis	13	5,2	00:29:00	5:34	00:02:08	00:02:18	

### **S7 Sievietes 51-60 (1966.-1975.dz.g.), apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	211	Iveta Priedīte	13	5,2	00:28:14	5:25	00:01:57	00:02:16	
2	189	Elīza Bērziņa	12	4,8	00:29:30	6:08	00:02:17	00:02:32	
3	134	Jūlija Petrova	11	4,4	00:28:57	6:34	00:02:27	00:02:43	
4	3	Iveta Sīle-Seile	9	3,6	00:28:42	7:58	00:02:33	00:03:54	
5	199	Denisa Ragovska	7	2,8	00:28:01	10:00	00:03:53	00:04:09	Salaspils
6	55	Liāna Maldere	7	2,8	00:29:10	10:25	00:00:51	00:05:03	
7	223	Svetlana Romanovska	6	2,4	00:26:24	11:00	00:03:09	00:05:13	Salaspils

### **V8 Vīrieši 61+ (1965.dz.g. un vecāki), apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	305	Jurijs Ščetiņins	16	6,4	00:28:36	4:28	00:01:25	00:01:55	
2	183	Nikolajs Malahovs	15	6	00:28:18	4:43	00:01:45	00:01:56	-
3	241	Dainis Ragovskis	14	5,6	00:28:10	5:01	00:01:44	00:02:07	Salaspils

### **S8 Sievietes 61+ (1965.dz.g. un vecākas), apla garums 400m**

<u>Vieta</u>	<u>Nr</u>	<u>Dalībnieks</u>	<u>Veiktie apli</u>	<u>km</u>	<u>Laiks</u>	<u>min/km</u>	<u>Ātrākais</u>	<u>Lēnākais</u>	<u>Komanda</u>
1	201	Ināra Lūse	16	6,4	00:28:58	4:31	00:01:37	00:01:51	Carnikaa
2	68	Malda Caune	13	5,2	00:28:59	5:34	00:02:08	00:02:18	
3	85	Biruta Akula	11	4,4	00:29:22	6:40	00:02:30	00:02:46	
4	299	Regīna Dombrovska	2	0,8	00:18:14	22:47	00:06:53	00:11:21	